Home Start offers a specialist Behaviour Support programme that works with parents/carers to support with managing their children's behaviour and improving family relationships. The Behaviour Support Service is delivered via Online Learning or Private One to One Support Sessions.

https://home-startessex.org.uk/behaviour-support/

Essex County Council has put together some great resources for helping to understanding your child's behaviour, supporting them and dealing with conflict.
https://send.essex.gov.uk/health-and-wellbeing/understanding-behaviour

Barnardo's Family Space is a virtual family hub that offers information, advice, guidance and support for all stages of parenting or a caring journey.
https://families.barnardos.org.uk/?gad_source=1&gclid=CjwKCAjw5ImwBhBtEiwAFHDZxw2msvqvIGNteAiRsZuFUMSKNxW3O8NjM3KM5kBZPEu5bVPk4Xy5gRoCs4IQAvD_BwE&gclsrc=aw.ds

Do get in touch with the school if you would like some support in managing your child's behaviour at home.
Please do take a look at our Behaviour Page on the school website: https://www.federationfarnhamrickling.co.uk/behaviour-tips-strategies/
Theresa Duke, our school nurse can be contacted on: 07773206792/ t.duke@nhs.net

Through faith and nurture, we thrive.
Life in all its fullness (John 10:10)

Managing Behaviour Tips and Techniques

A guide for Parents/Carers/Families



The Federation of Farnham & Rickling Primary Schools

Managing Behaviour at home can often be challenging. This leaflet has been put together to provide some support in helping you to understand and manage your child's behaviour.

Young Minds has some great tips for managing challenging behaviour at home: https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/challenging-behaviour/



The Challenging Behaviour Foundation provides information about challenging behaviours to anyone who provides support to a child, young person or adult with a severe learning disability. They can also signpost to other specialist organisations and sources of information.
https://www.challengingbehaviour.org.uk/for-family-carers/



The Foundation has put together a useful Quick Read – 'Challenging Behaviour Guide: https://www.challengingbehaviour.org.uk/wp-content/uploads/2021/03/quickreadchallengingbehaviourguidev6.pdf



https://www.youtube.com/playlist?list=PL9Huox3U1NqOWslz6_Ovhg1aejYfg7Lzc

Wellbeing Activities

https://parents.actionforchildren.org.uk/feelings-behaviour/wellbeing-activities

Feelings and Behaviour

https://parents.actionforchildren.org.uk/feelings-behaviour/



family lives

Challenging Behaviour

How does it make the parent feel?
What causes a child to act aggressively?
Managing aggression in your children

https://www.familylives.org.uk/advice/primary/behaviour/challenging-behaviour